

An Agreement between the Pupil, Parent/Guardian and the Food Technology Department 2011/2012

Welcome to Food Technology where you will learn about food preparation and cooking, nutrition, healthy eating and sensory analysis. These are important skills for life and your health!

We hope you will find the course enjoyable. There are a lot of practical activities and for each practical you need to remember to:

- Bring ingredients, weighed out in advance (scales are available in T4 and T5, rooms are open from 8:00 am)
- Not leave shopping until the night before! All lessons are detailed in the booklet on a week by week basis, recipes are in the booklet and available on the Intranet.
- Bring container(s) to take your food home in.
- Put any high risk food (meat, milk, cream chicken etc) in the fridges as soon as you get to school.
- Take your food from the fridge at the end of the day, not before, as it disrupts other lessons.

Ask if you have a problem - food can be frozen for you to collect later.

All our recipes can be adapted to be suitable for vegetarians and most allergies or intolerances.

It is important that you are organised but we do understand that mistakes happen. If ingredients are forgotten we will do our best to supply basic supplies whenever possible, for a nominal charge but we do not normally have perishable items in stock.

If containers are forgotten, we have small containers which are available for 20p (refundable when returned) and larger boxes are available for £1 (refundable when returned).

Cling film is provided free of charge to cover food, if tin foil is preferred it should be brought in by the pupil.

Fridges are usually emptied at the end of each week so it is important that pupils remove food or containers before then.

Please ask your parent(s)/guardian(s) to complete the following information so we can plan the course around your needs.

PUPILS NAME _____ FORM _____

Does the pupil have any religious requirements e.g. forbidden foods or fasting?

Yes/No If Yes please provide details

Does the pupil have any intolerances or allergies?

Yes/No If Yes please provide details

If there is a financial issue with buying ingredients, please ring the department (ext 206) for a confidential discussion.

Signed Pupil: _____

Parent: _____

Teacher: _____

Date _____

