



# Stockport Grammar School

## Life Studies

KS3 Programme of Study – 2023-2024



	1 <sup>st</sup> Year	2 <sup>nd</sup> Year	3 <sup>rd</sup> Year
<p><b>Autumn</b> <i>Au1 (7 weeks)</i></p> <p><i>Au2 (6 weeks)</i></p>	<p><b>My Rights, Roles and Responsibility</b> Human Rights and Bullying Absolute/Non-absolute Human Rights <i>Violation of Rights (examples)</i> <b>A.C.T. launch</b></p> <p><b>Mindfulness</b> (Block of 6 sessions with Jo Bentley) All pupils to complete a .b introduction course <b>Practical lessons</b></p>	<p><b>What does it mean to be British?</b> Diversity, prejudice and discrimination Shared British Values – Skittles Life in the UK test – Easy as 1, 2, 3. <b>Heart and Parcel Trip</b></p> <p><b>Emotional Health and Wellbeing</b> Mental health and ill health, stigma and safeguarding health Reframing failure and unhealthy coping strategies</p>	<p><b>Introduction to Ethics</b> Abortion/Euthanasia Veganism and Animal Rights Nuclear Weapons Debate (MUN) Digital Ethics and social media</p> <p><b>2 Weeks* Careers – Developing Skills</b> Careers Afternoon Preparation <b>Careers Afternoon (Nov 18<sup>th</sup>)</b></p>
<p><b>Spring</b> <i>Sp1 (6+ weeks)</i></p> <p><i>Sp2 (4+ weeks)</i></p>	<p><b>RSE</b> <b>Confident Me – Dove</b> five session workshops (appearance ideals, media messages, confront comparisons, banish body talk) Intro to Sex/Gender and sexuality</p> <p><b>Harmful Habits/ Health and Puberty</b> Intro to smoking/vaping and decision making Peer pressure, Risks and Trends Hygiene/Puberty <b>Awareness Campaign</b></p>	<p><b>Introduction to Politics</b> Democracy vs. Dictatorship Build your own MP/ What is a Manifesto? Create your own Political Party <b>Parliament Trip</b></p> <p><b>Gender and Sexuality</b> (Recap: sex and gender/LGBT+ Community) Healthy and Unhealthy relationships, media portrayal and Youth produced images/Toxic Masculinity + Sex and the law</p>	<p><b>2 Weeks* Careers – Making GCSE choices</b> Start Profile – an overview of your options and making your choices <b>GCSE Options Deadline</b></p> <p><b>Intimate Relationships (RSE)</b> Healthy vs. Unhealthy Relationships Consent and the Law Contraception, STIs and Condom Demonstration Sexting and attitudes to pornography</p>
<p><b>Summer</b> <i>Su1 (6 weeks)</i></p> <p><i>Su2 (5 weeks)</i></p>	<p><b>First Aid/Life Skills</b> <i>Basic First Aid</i> <i>Review Year 7</i> <b>Certificated Online Course</b></p> <p><b>Personal Finance/New Topic</b> Wants vs. Needs Budget Tracker Independent Living Task Life Skills</p>	<p><b>Financial Decision Making and Careers</b> Saving, borrowing and making financial choices Visit careers room – exploring values/ aspirations Employability skills, strengths and interests</p> <p><b>Harmful Habits (4x lesson)</b> (covered in Biology this term) Introduction to drugs and alcohol Peer pressure/Risks and Trends <b>Awareness Campaign</b></p>	<p><b>Personal Finance and Skills Task</b> Salaries – Gross Pay vs Net Pay Monopoly – Cost of Living <b>Independent Living Task</b></p> <p><b>First Aid</b> Calling the Emergency Services DRAB/Recovery Position CPR Demo and Defibrillator</p>



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KS4 Programme of Study – 2023-2024

	4 <sup>th</sup> Year	5 <sup>th</sup> Year
<p><b>Topic Carousel</b></p> <p><i>Topic 1 (7 weeks)</i></p> <p><i>Topic 2 (6 weeks)</i></p>	<p><b>Transition to Middle School / KS4 (Fixed)</b> Promoting emotional health during transition to KS4 Resilience and Reframing Failure Reframing Failure – Practical application Unhealthy Coping Strategies</p> <p><b>Careers – Personal Development Plan</b> Create your own personal development plan How to write a CV and Why work experience is important</p>	<p><b>Careers and Next Steps</b> Academic and vocational pathways Fine tuning your CV and capturing evidence of work experience What is the difference between a job and a career? How to prepare for an interview</p> <p><b>RSE</b> Personal values and assertive communication Sex on Trial – what is consent? Contraception and Sexual Health</p>
<p><i>Topic 3 (6+ weeks)</i></p> <p><i>Topic 4 (4+ weeks)</i></p>	<p><b>(RSE) Relationship and Sex Education</b> Sexual Harassment /Coercive Relationships Healthy and unhealthy relationships Negotiating boundaries and consent Rape Culture and Sexual Harassment <b>Zara McDermott and Is this Sexual Harassment</b></p> <p><b>Drugs and Alcohol</b> Effect of drugs on the brain Survey results – predictions and misconceptions Current trends in schools/society Risk taking behaviour</p>	<p><b>First Aid (Run by Laura Turner)</b> What would you do? First Responder First Aid – the Basics CPR and Recovery Position – Demonstration <b>Certificated</b></p> <p><b>Current Events and the British Government (Economy)</b> (Resource EconoME) Modern news source for teens Does Social Media influence your political views</p>
<p><i>Topic 5 (6 weeks)</i></p> <p><i>Topic 6 (5 weeks)</i></p>	<p><b>Personal Finance</b> You be the Chancellor/Paying for it Pensions, NHS and Welfare State <b>Independent Living Task</b></p> <p><b>Intro to A Level Option Subjects (Fixed)</b> Philosophy Business and Economics Politics Psychology</p>	<p><b>Create the DEBATE</b> The Day (<a href="http://www.theday.co.uk">www.theday.co.uk</a>) Issues (<a href="http://www.issuesonline">www.issuesonline</a>) Pupil Led discussion on modern issues</p> <p align="center"><b>N/A</b></p>