

First Year 2023-24	
Regular Activities: Homework collection; Health and Safety; Bulletin notices; Year Gatherings; Lower School Assemblies; Private reading	
Term	Autumn Term focuses on settling in to life at SGS: how to get involved, find your voice and build your character
Autumn 1 Events:	Form Activities aim to include:
Clubs and Activities Sign-up Ilam Hall Residential School Council Elections World Mental Health Day	<ul style="list-style-type: none"> <li>Meeting the Lower School Friends</li> <li>SGS Expects: Care, Character and Community</li> <li>Grasping the Opportunity – how to get involved</li> <li>Friendship – in the real world and online</li> <li>Getting stuck into a book – the value of private reading (every Tuesday throughout the year)</li> <li>Study Skills: homework habits; organisation; learning how to use Frog</li> <li>Your Approach to Learning Grades – what are they and how do they work?</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-left: 20px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
Autumn 2 Events:	Form Activities aim to include:
Anti-Bullying Week Remembrance Day Random Acts of Kindness	<ul style="list-style-type: none"> <li>Co-curricular activities audit: what have you tried?</li> <li>Awards and Recognition at SGS</li> <li>Review of term’s academic and character strengths, and target setting</li> <li>The importance of a good night’s sleep</li> <li>Pupil-led form activities</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-left: 20px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
Term	Spring Term focuses on your personal development and the 5 character strengths: Enthusiasm, Curiosity, Grit, Social Intelligence and Community Ethos
Spring 1 Events:	Form Activities aim to include:
Safer Internet Day	<ul style="list-style-type: none"> <li>New Year’s Resolution Bucket Lists</li> <li>Conflict resolution and emotional intelligence</li> <li>Am I a Good Friend?</li> <li>Study Skills: time management</li> <li>Online Safety focus: Safer Internet Day topic</li> <li>Responding to Approach to Learning Grades</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-left: 20px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
Spring 2 Events:	Form Activities aim to include:
Founder’s Day	<ul style="list-style-type: none"> <li>Why should I watch/read the news?</li> <li>True Grit: developing resilience</li> <li>Online Safety focus: privacy settings and digital footprints</li> <li>Review of term’s academic and character strengths, and target setting</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-left: 20px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
Summer Term focuses on preparing for and reflecting on the exams, and celebrating achievements at the end of your First Year at Senior School	
Summer 1&2 Events:	Form Activities aim to include:
Exams for Lower School Sports Day Speech Day Music Festival	<ul style="list-style-type: none"> <li>Preparing for Exams – guide, revision lists and techniques</li> <li>Looking back to Primary School – what has changed?</li> <li>Feedback from and reflecting on exams</li> <li>A Guide to SGS – advice for the new First Years</li> <li>Is failure sometimes a good thing? Resilience activity</li> <li>SGS First Years Got Talent</li> <li>Rounding up the year – what did I achieve?</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-left: 20px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>

Second Year 2023-24	
Regular Activities: Homework collection; Health and Safety; Bulletin notices; Year Gatherings; Lower School Assemblies; Private reading	
Term	Autumn Term focuses on raising the bar: how you can develop your character, get more involved and hone your study skills
Autumn 1 Events:	Form Activities aim to include:
Clubs and Activities Sign-up	<ul style="list-style-type: none"> <li>Target setting for Second Year, based on End of Year Reports</li> <li>SGS Expects: Care, Character and Community</li> <li>Study Skills – using Frog effectively</li> <li>Self-esteem and assertiveness</li> <li>Celebrating cultural differences</li> <li>Online Safety focus: if it's unacceptable offline, it's unacceptable online</li> <li>Presenting Skills: every Friday throughout the year – pupil-led talks</li> <li>Responding to the Approach to Learning Grades</li> </ul>
School Council Elections	<ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul>
World Mental Health Day	
Autumn 2 Events:	Form Activities aim to include:
Anti-Bullying Week	<ul style="list-style-type: none"> <li>Road, rail and firework safety</li> <li>Preparing for creative and language subject options in Third Year</li> <li>Study Skills: banking your knowledge</li> <li>Online Safety focus: gaining and giving consent to share</li> <li>Review of academic and character strengths, and target setting</li> </ul>
Remembrance Day	<ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul>
Spring Term focuses on looking after your physical and mental health and resilience	
Spring 1 Events:	Form Activities aim to include:
Safer Internet Day	<ul style="list-style-type: none"> <li>Review of Half Year Report and targets</li> <li>Choosing subject options</li> <li>Study Skills: Managing stress and keeping on top of homework</li> <li>Online Safety focus: Safer Internet Day topic</li> <li>Responding to the Approach to Learning Grades</li> </ul>
Options Evening	<ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul>
Spring 2 Events:	Form Activities aim to include:
Founder's Day	<ul style="list-style-type: none"> <li>Study Skills: academic honesty and research skills</li> <li>Developing a growth mind set</li> <li>Self-esteem and body image – healthy eating</li> <li>Risky Business – learning how to take, and manage, risks</li> <li>Review of academic and character strengths, and target setting</li> </ul>
	<ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul>
Summer Term focuses on preparing for and reflecting on the exams, and celebrating achievements at the end of your Second Year	
Summer 1&2 Events:	Form Activities aim to include:
Exams for Lower School	<ul style="list-style-type: none"> <li>Exam preparation</li> <li>Study Skills: time management during revision</li> <li>Online Safety focus: step up and speak up – reporting issues</li> <li>Reflecting on exam performance – what worked and what needs work</li> <li>Rounding up the year – record of achievement</li> </ul>
Enterprise Day	<ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul>
Careers Day	
Sports Day	
Speech Day	
Music Festival	

Third Year 2023-24	
Regular Activities: Homework collection; Health and Safety; Bulletin notices; Year Gatherings; Lower School Assemblies	
Term	Autumn Term focuses on looking ahead to GCSE Options and possible career choices
Autumn 1 Events:  Clubs and Activities Sign-up  School Council Elections  World Mental Health Day	<p style="text-align: center;"><b>Form Activities aim to include:</b></p> <ul style="list-style-type: none"> <li>• Report review and target setting based on Second Year report</li> <li>• Study Skills: positive work habits and wider reading</li> <li>• Self-esteem and assertiveness</li> <li>• Inter-Form Quiz</li> <li>• Risky Business Part 2: when risk-taking becomes harmful</li> <li>• Online Safety focus: social media – breaking the habit and resisting peer pressure</li> <li>• Responding to the Approach to Learning Grades</li> <li>• Presenting Skills: every Friday throughout the year – pupil-led talks</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
Autumn 2 Events:  Anti-Bullying Week  Remembrance Day	<p style="text-align: center;"><b>Form Activities aim to include:</b></p> <ul style="list-style-type: none"> <li>• Road, rail and firework safety</li> <li>• GCSE Options introduction (HOY / FTs)</li> <li>• Careers discussions and sessions</li> <li>• The Middle School Handbook - researching the GCSE subjects</li> <li>• Preparing for Options Evening</li> <li>• Review of academic and character strengths, and target setting</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
Spring Term focuses on choosing GCSE Options and developing the 5 key character strengths	
Spring 1 Events:  Safer Internet Day  Options Evening	<p style="text-align: center;"><b>Form Activities aim to include:</b></p> <ul style="list-style-type: none"> <li>• Review of December report and targets</li> <li>• Individual discussions with FT about Options</li> <li>• Online Safety focus: Safer Internet Day topic</li> <li>• Careers room form times and drop-in sessions</li> <li>• Responding to the Approach to Learning Grades</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
Spring 2 Events:  Founder's Day	<p style="text-align: center;"><b>Form Activities aim to include:</b></p> <ul style="list-style-type: none"> <li>• Strong and supportive friendships - what makes a good friend?</li> <li>• Mindfulness – being in the moment</li> <li>• Online Safety focus: knowing the law</li> <li>• Study Skills: thinking ahead to the exams - timetables and revision lists</li> <li>• Thinking about Founder's Day - and using it well</li> <li>• Review of academic and character strengths, and target setting</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
Summer Term focuses on preparing for and reflecting on the exams, and celebrating achievements as a Lower School pupil	
Summer 1&2 Events:  Exams for Lower School  Sports Day Speech Day Music Festival	<p style="text-align: center;"><b>Form Activities aim to include:</b></p> <ul style="list-style-type: none"> <li>• Study skills: effective exam revision techniques</li> <li>• Good stress and bad stress – what's the difference?</li> <li>• Life in the Middle School - preparing for GCSE study</li> <li>• Review of academic and co-curricular progress</li> <li>• Rounding up the year and life in the Lower School – record of achievement</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>